

Instruction for use
AQUA MARIS Plus

Registration number: JIII-001359

Trade name: AQUA MARIS Plus

Pharmaceutical form

Nasal spray

Content in g/100 g

Active ingredient: Adriatic Sea water – 25 g.

Excipients: dexpanthenol 75 L [minimum 75% of dexpanthenol]* - 1.33 g; purified water – 73.67 g.

* *Dexpanthenol 75L* – aqueous solution containing minimum 75% (R)-panthenol, about stabilized 1% D- pantolactone.

Preservatives free.

Content of ions:

Na⁺ - min. 1.90 mg/mL;

Ca²⁺ - min. 0.06 mg/mL;

Mg²⁺ - min. 0.25 mg/mL;

Cl⁻ - min. 4.10 mg/mL;

SO₄²⁻ - min. 0.45 mg/mL;

HCO₃⁻ - min. 0.025 mg/mL.

Description

Colorless clear odorless solution.

Pharmacotherapeutic group

Anti-congestive agent.

ATC-code: R01AX10

Pharmacological properties:

Aqua Maris Plus is a sterile isotonic solution containing sea water and dexpanthenol.

Dexpanthenol is a derivative of pantothenic acid. Pantothenic acid is a water-soluble vitamin of B-complex and a part of co-enzyme A. Dexpanthenol stimulates regeneration of mucosa, improves cellular metabolism, and renders regenerating and mild anti-inflammatory action.

If sprayed into nasal cavity Aqua Maris Plus moistures mucosa, stimulates regeneration and has a trophic effect on cells of nasal mucosa. The product facilitates dilution of mucus, stabilizes its secretion in beaker cells of nasal mucosa.

Microelements contained in the product improve ciliate epithelium function and resistance of mucous membrane of nasal and sinus cavities to pathogenic germs and viruses.

Indications for use

AQUA MARIS Plus is indicated:

- For treating and preventing atrophic and sub-atrophic rhinitis;
- For washing and moistening nasal mucosa in case of inflammatory diseases of nasal, sinus and pharyngonasal cavities, including in pregnant and lactating women;
- As a part of complex therapy of allergic and vasculomotor rhinitis (especially in patients predisposed to or suffering from hypersensitivity to medicines, including pregnant and lactating women);

- For preventing nasal cavity infections during autumn and winter period (including in pregnant and lactating women);
- To patients with extreme dryness of nasal mucosa and patients residing or working at premises with conditioned air and/or central heating, with the aim to preserving physiological properties of nasal mucosa in changed microclimatic conditions;
- To patients with upper respiratory tract mucosa permanently exposed to detrimental effects (smokers, drivers, workers of heat- and dust-loaded workshops, and people living at regions with tough climatic conditions);
- To elderly patients for preventing age-specific atrophic changes of nasal mucous membrane.

Dosage and administration

For treatment:

- Children aged 1 to 7: 4 times a day two injections into each nasal passage;
- Children aged 7 to 16: 4 -6 times a day two injections into each nasal passage;
- Children aged above 16 and adults: 4 - 8 times a day two/ three injections into each nasal passage.

Treatment course in all cases is 2-4 weeks (to doctor's discretion). It is recommended to repeat the course in a month.

For prevention:

- Children aged 1 to 7: 1 - 3 times a day one/ two injections into each nasal passage;
- Children aged 7 to 16: 2-4 times a day two injections into each nasal passage;
- Children aged above 16 and adults: 3-6 times a day two/ three injections into each nasal passage.

Adverse reactions

Hypersensitivity reactions are possible.

Overdose

No overdose events are registered.

Contraindications

Hypersensitivity to product components.

Drug -to-drug interactions

The product does not render systemic exposure on organism, so there are no drug -to-drug interactions registered. It is possible to use the product along with the other drug products used for treating rhinorrhea.

Special instructions

In cold season it is not recommended for use outdoors and it is not recommended to go outside immediately after using the product.

Effects on ability to drive and use machines

The product has no effect on ability to drive and use machines.

Form of presentation

Nasal spray.

Each dark-glass bottle with spraying device and propylene safety cap contains 30 ml of the product. Each carton box contains one bottle with product instruction.

Storage conditions

Store under temperature less than 25 °C out of reach of children.

Shelf-life

2 years.

Do not use after expiry of shelf-life.

Dispensing rules

No prescription required.

Manufacturer

JADRAN - GALENSKI LABORATORIJ Joint-Stock Company

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