Instruction for use AQUA MARIS strong

Registration number: ЛП-000810
Trade name: AQUA MARIS strong

Pharmaceutical form
Nasal spray

Description
Colorless solution with light specific odor.

Content
Sterile hypertonic solution of Adriatic Sea water – 100 %.
Preservatives free.
Content of ions:
- Sodium (Na⁺) - minimum 7.50 mg/mL;
- Calcium (Ca²⁺) - minimum 0.25 mg/mL;
- Potassium (K⁺) - minimum 0.20 mg/mL;
- Magnesium (Mg²⁺) - minimum 1.00 mg/mL;
- Chlorides (Cl⁻) - minimum 16.50 mg/mL;
- Sulfates (SO₄²⁻) – minimum 1.80 mg/mL;
- Hydrocarbonate (HCO₃⁻) – minimum 0.10 mg/mL;
- Bromides (Br⁻) - minimum 0.04 mg/mL.

Pharmacotherapeutic group
Anti-congestive agent.

ATC-code: R01AX10

Pharmacological properties:
Aqua Maris Strong is a sterile hypertonic solution containing sea water. Hypertonic solution facilitates reduction of nasal mucosa edema due to removal of excessive liquid from intercellular area owing to osmotic pressure difference.
The solution is used in treatment of inflammatory diseases of nasal, sinus and pharyngonasal cavities to reduce nasal mucosa edema as a natural decongestant.
Provides antibacterial effect.
“Aqua Maris Strong” outwashes viruses and bacteria from nasal mucosa, facilitates local immunity, renders local anti-inflammatory action.
Microelements contained in the product improve ciliate epithelium function and resistance of mucosa of nasal cavity and sinuses to pathogenic germs and viruses.

Indications for use:
“Aqua Maris Strong” is indicated in the following cases:
• For reducing edema of nasal mucosa, especially in patients suffering from hypersensitivity to chemical drugs, including pregnant and lactating women;
• For treatment of acute and chronic inflammatory diseases of nasal, sinus and pharyngonasal cavities:
  - Acute and chronic rhinitis;
  - Acute and chronic sinusitis;
  - Nasopharyngitis;
  - Acute and chronic genyantritis.
**Dosages and administration**
Children older than 1 year old and adults: 1-2 injections into each nostril 3-4 times a day during 2 weeks.

**Adverse reactions**
Sense of discomfort in nasal cavity in the beginning of treatment.

**Contraindications**
Hypersensitivity to drug components.

**Drug-to-drug interactions**
The product has no systemic effects on organism, so there are no drug-to-drug interactions registered. It is possible to use the product along with the other medicines used for treating rhinorrhea.

**Overdose**
No overdose events are registered.

**Special instructions**
Use with caution in case of frequent nasal hemorrhages.

**Effects on ability to drive and use machines**
“Aqua Maris Strong” has no effect on ability to drive and use machines.

**Form of presentation**
Nasal spray. Each dark-glass bottle with spraying device and propylene safety cap contains 30 mL of drug. Each carton box contains one bottle with directions for use.

**Storage conditions**
Store under temperature less than 25 °C out of reach of children.

**Shelf-life**
3 years from manufacture date.
Do not use after expiry of shelf-life.
Use within 45 days after opening.

**Dispensing rules**
No prescription required.

**Manufacturer**
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